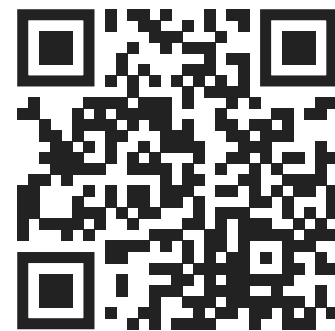**YOUNGMINDS**

Hello Yellow
FRIDAY 10 OCT

Get your local school involved

YoungMinds is the UK's leading mental health charity for young people.

Thousands of schools, workplaces and people are wearing yellow this World Mental Health Day (10 Oct) to raise money and show young people that they're not alone with their mental health.

If a school signs up, they'll receive a free digital pack and access to everything they need for the day; from activity plans and posters to fundraising ideas and wellbeing tips.

Show your support by passing this flyer on to your local school.

Schools, scan here to sign up

#HelloYellow

M&S | **YOUNGMINDS**