



# Parents Helpline Impact Game

The YoungMinds Parents Helpline supports parents and carers who are concerned about their child or young person's mental health. They can be contacted over the phone, via email and through our webchat.

## How to play

1. Fold over the top right corner.
2. Pick a prize and ask people to donate to guess how many parents and carers our Helpline supported between April 2024 and March 2025. Or play just for fun without the donation.
3. The person who guesses the closest wins!

**#HelloYellow**

**M&S | YOUNGMINDS**

YoungMinds, registered Charity in England (1016968) and Scotland (SC039700)

**How many parents and carers did the YoungMinds Parents Helpline support between April 2024 and March 2025?**

Name	Your guess



**Find out more about the Parents Helpline here**