



YOUNGMINDS

**Hello
Yellow**
FRIDAY 10 OCT

Is your child going through a tough time?

No matter what your child is going through, we're with you

Call our Parents Helpline on **0808 802 5544** or visit youngminds.org.uk/parents-helpline

Wear yellow this World Mental Health Day and raise money to show young people that they're not alone with their mental health.

#HelloYellow

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YoungMinds, registered Charity in England (1016968) and Scotland (SC039700)